• Weekly Update 11.11.22 •

As we draw to the end of another week, we would like to thank everyone who attended parent consultation meetings on Wednesday. It is great to have such supportive parents who are keen to work in partnership with us to ensure our children can "shine like stars in the sky and live life in all its fullness".

POPPY APPEAL

Many thanks to our super volunteers from Breakfast Club who took charge of organising our fundraising this week. We are pleased to let you know that the collection tin for the Royal British Legion Poppy Appeal is feeling pretty heavy! This will be added to the donations raised in other local schools and organisations in the parish.

FRIENDS OF ST NICHOLAS NEWS

Our super 'Friends' are busy organising this year's Christmas Fayre at the moment. Any donations of 'jarbolas' and/or cakes would be gratefully received. If you are able to help, please send these into school by **Friday 25th November** ready for the Sunday please. The 'Friends' are also planning a bauble competition again – more information to follow shortly. A great opportunity for the children to 'be creative'!

Other upcoming events include:

Friday 18th November – Tuck Shop

Tuesday 6th December 3.30 -5.30 – Movie Night (letter to follow)

We are very grateful to the 'Friends' for all their hard work to organise such exciting events for our children and families.

CHILDREN IN NEED

Our dedicated School Council members have been busy arranging some super activities to mark Children in Need Day next **Friday 18th November**. All children are invited to come to school in non-uniform (spots to fit with this year's theme, if possible - but please do not buy anything special). They have also arranged a 'spotacular doodle' competition which will come home today. If

your child would like to take part, entries cost 50p and should be submitted by next Friday. There will also be a general collection for Children in Need on that day if you would like to make a donation.

SPORT AT SNWT

Did you know that we are very lucky to have a qualified sports coach with Olympic training within our school community? Lexi Staveley has very kindly offered to come into school this term to work with each class on their co-ordination and balls skills, including some tennis. We feel extremely lucky that our children will be able to benefit from Mrs Staveley's expertise – what an exciting opportunity! Please ensure PE kits are in school on **Thursdays**.

YOUNG VOICES

Last orders for T-shirts! If you would like to order a special Young Voices t-shirt the form has been sent out last week. The children are welcome to wear a plain white t-shirt if preferred. Ticket forms: When we book tickets as a school we can get parents sitting together and hopefully in a good position to see our pupils. (Although you can order tickets later separately, they are more expensive and they always sell out.)

Please pay via Parent pay and return the forms to the office at the very latest by 14th November. Thank you. Mrs Harris

TSHIRT Order form YOUNG VOICES 2023.docx

TICKET FORM YOUNG VOICES 2023.docx

FURTHER DATES FOR YOUR DIARY

Thursday 17th November: Y6 will be heading to Carlton Lodge with their friends from Kirkby Malzeard to take part in the annual Crucial Crew health and safety event.

Tuesday 29th November: Y3/4/5/6 will be visiting Nidderdale Museum to enrich their history work about the industrial revolution. (More details to follow)

THIS MAY HELP

NYCC is pleased to announce the launch of <u>This May Help</u>, a new national initiative providing mental health advice to parents and carers being launched today by Bradford District and Craven Health and Care Partnership. <u>This May Help</u> is aimed at parents and carers who may have concerns about their child's mental health.

The website gives easy-to-follow advice to help families manage their child's mental health. This advice was developed by NHS professionals and parents who've been through their own child's mental health journey. Parents and carers have shared advice that helped them and that may also help other families.

The advice covered on <u>This May Help</u> includes: self-harm, gaming and online activity, teenagers safety, eating disorders, school avoidance, understanding mental health, understanding teenagers, online threats, building rapport, building resilience, building a support network, self-care tips, managing an emergency, managing in a crisis, and preparing for a children and adolescent mental health services (CAMHS) appointment. These subjects were chosen by families and young people who have gone through their own mental health challenges. Gary Lineker, Myleene Klass, and Tanni Grey-Thompson are amongst 16 presenters featured in the films.